

Allison Walsh

SPEAKER, COACH, EXECUTIVE, FOUNDER

About Allison

Allison Walsh, JD, is an expert business consultant, international speaker, influential leader, and certified positive psychology coach.

By age 30, Allison became the Vice President of Advanced Recovery Systems, a company destined for unicorn status which she helped build from the ground up. She's continued to contribute her expertise to meaningful, mission-driven companies within the behavioral healthcare industry including Charlie Health, a rapidly growing virtual mental health company focused on ending youth suicide.



Allison writes for and is featured in many media outlets including Forbes, Entrepreneur, Fortune, Harvard Business Review, Nasdaq, Business Insider, Bustle, and more, often collaborating with global mental health experts, influencers, and content creators. Allison also shares her insights as the host of the She Believed She Could podcast. She commands the stage as a sought-after speaker who, beginning at the age of 18, inspires international audience members numbering over 200,000. Named in the Orlando Business Journal's 2021 Top 40 Under 40 and Women Who Mean Business, Allison is a proud member of Forbes Business Development Council, Entrepreneur's Leadership Network, and Orlando Business Journal's Leadership Trust.

Allison has won multiple awards for her philanthropy raising over \$2 Million for eating disorders prevention and awareness and serves on numerous nonprofit boards. Having previously been crowned Miss Florida, she's passionate about the advancement of women in leadership which fueled her founding Allison Walsh Consulting, and the creation of her multiple coaching programs, workbooks, and curriculum to improve mindset, mental wellness, leadership, and confidence for a roster of over 250 clients. Allison draws from her expertise in positive psychology and the science of happiness, well-being, and success to provide women with tools for advancement both personally and professionally. As a business development, marketing, and personal branding expert, Allison is on a mission to help influential, high-stakes leaders build their confidence, grow their businesses, and elevate their brands. Her first book, published by Wiley is due to release in September 2023. For more information, please visit www.allisonwalshconsulting.com.

As Seen In



Recognizing an unshakable passion for helping others achieve their dreams, Allison is committed to using her vast array of experiences to help women become the go-getters and movers and shakers of tomorrow. By sharing personal experiences, resources and featuring special guests, she coaches listeners to live and lead their happiest, most confident, and successful lives. Episodes offer valuable advice on mindset mastery, goal setting and achievement, personal branding and business, and how to create more career opportunities. For more information, visit www.shebelievedshecouldpodcast.com.

ALLISONWALSHCONSULTING.COM | [@ALLISONWALSH](https://www.instagram.com/allisonwalsh)

Interview and Speaking Topics

HOW TO CREATE + LEVERAGE YOUR PERSONAL BRAND
WHY YOUR STORY IS YOUR SUPER POWER

HOW TO USE POSITIVE PSYCHOLOGY TO LEVEL UP IN BUSINESS AND LIFE
HOW TO BUILD CONFIDENCE + BOOST HAPPINESS